## What is claimed is:

- 1. A nestable barricade comprising:
- a cross-beam having a cavity configured to receive a portion of a second nestable barricade to permit nesting of the barricades;
- a first frame connected to an end portion of the cross-beam for providing support to the cross-beam; and
- a second frame connected to an end portion of the cross-beam for providing support to the cross-beam.
- 2. The nestable barricade of claim 1, wherein the cavity extends along an entire length of the cross-beam.
- 3. The nestable barricade of claim 1, wherein the cavity is configured to receive at least a portion of a cross-beam of the second nestable barricade.
- 4. The nestable barricade of claim 1, wherein the cross-beam includes side walls that diverge to form the cavity.
- 5. The nestable barricade of claim 1, wherein the cross-beam includes a cautionary image.
- 6. The nestable barricade of claim 5, wherein the cautionary image is selected from the group consisting of a reflective surface, a graphic image, and verbal information.
- 7. The nestable barricade of claim 1, further comprising rolling members disposed on a bottom portion of at least one of the first and second frames.

- 8. A barricade comprising:
- a cross-beam having a first end and a second end;
- a first frame for providing support to the cross-beam;
- a second frame for providing support to the cross-beam;
- a first connection mechanism for releasably connecting the first frame to the first end of the cross-beam in a predetermined, fixed orientation; and
- a second connection mechanism for releasably connecting the second frame to the second end of the cross-beam in a predetermined, fixed orientation.
- 9. The barricade of claim 8, wherein the first and second connection mechanisms each include a snap-fit connector.
- 10. The barricade of claim 8, wherein the first connection mechanism includes a dovetail mortise on at least one of the first end of the cross-beam and the first frame and a dovetail tenon on the other of the first end of the cross-beam and the first frame, and the second connection mechanism includes a dovetail mortise on at least one of the second end of the cross-beam and the second frame and a dovetail tenon on the other of the second end of the cross-beam and the second frame.
- 11. The barricade of claim 8, wherein the first and second connection mechanisms each include a molded boss connector.
  - 12. The barricade of claim 8, wherein the cross-beam includes a cautionary image.
- 13. The barricade of claim 12, wherein the cautionary image is selected from the group consisting of a reflective surface, a graphic image, and verbal information.
- 14. The barricade of claim 8, further comprising rolling members disposed on a bottom portion of each of the first and second frames.

15. A method of deploying barricades, the method comprising the steps of:

providing a first barricade having a cross-beam, a first frame connected to the cross-beam for providing support to the cross-beam, a second frame connected to the cross-beam for providing support to the cross-beam, and rolling members disposed on a bottom portion of each of the first and second frames;

providing a second barricade;

stacking the second barricade on the first barricade;

rolling the first and second barricades to a predetermined area of deployment;

removing the second barricade from the first barricade; and

deploying the second barricade in a desired location in the vicinity of the predetermined area of deployment.

16. A method of deploying barricades, the method comprising the steps of: providing a first barricade;

providing a second barricade having a cross-beam with a cavity configured to receive a portion of the first barricade to permit nesting of the first barricade in the second barricade, a first frame connected to the cross-beam for providing support to the cross-beam, a second frame connected to the cross-beam for providing support to the cross-beam;

stacking the second barricade on the first barricade so as to nest the first barricade in the second barricade;

moving the first and second barricades to a predetermined area of deployment;

removing the second barricade from the first barricade; and

deploying the second barricade in a desired location in the vicinity of the predetermined area of deployment.